

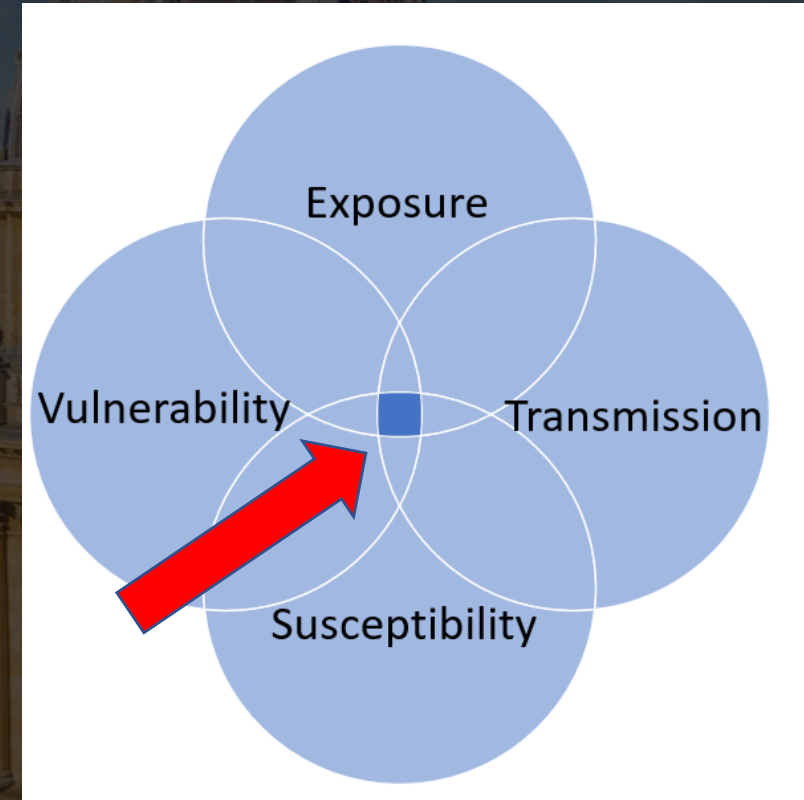
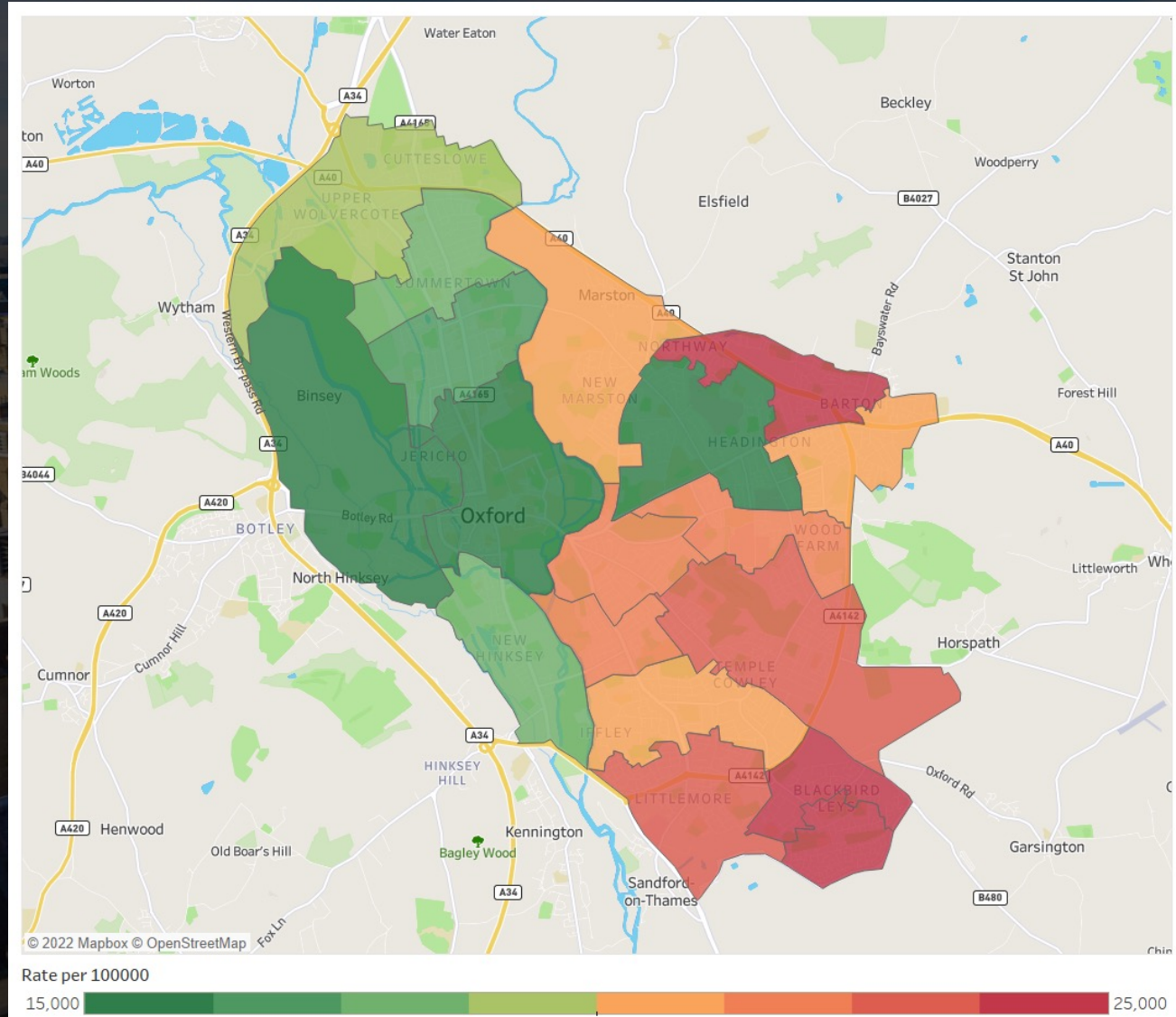
# RENEW

# OXFORD



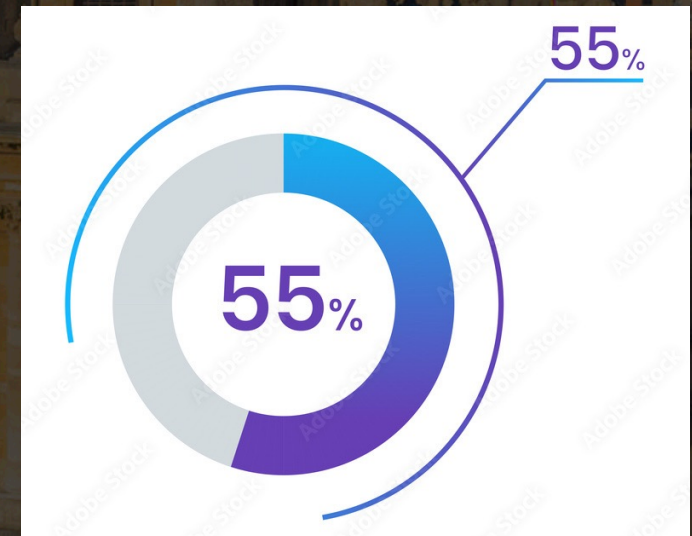
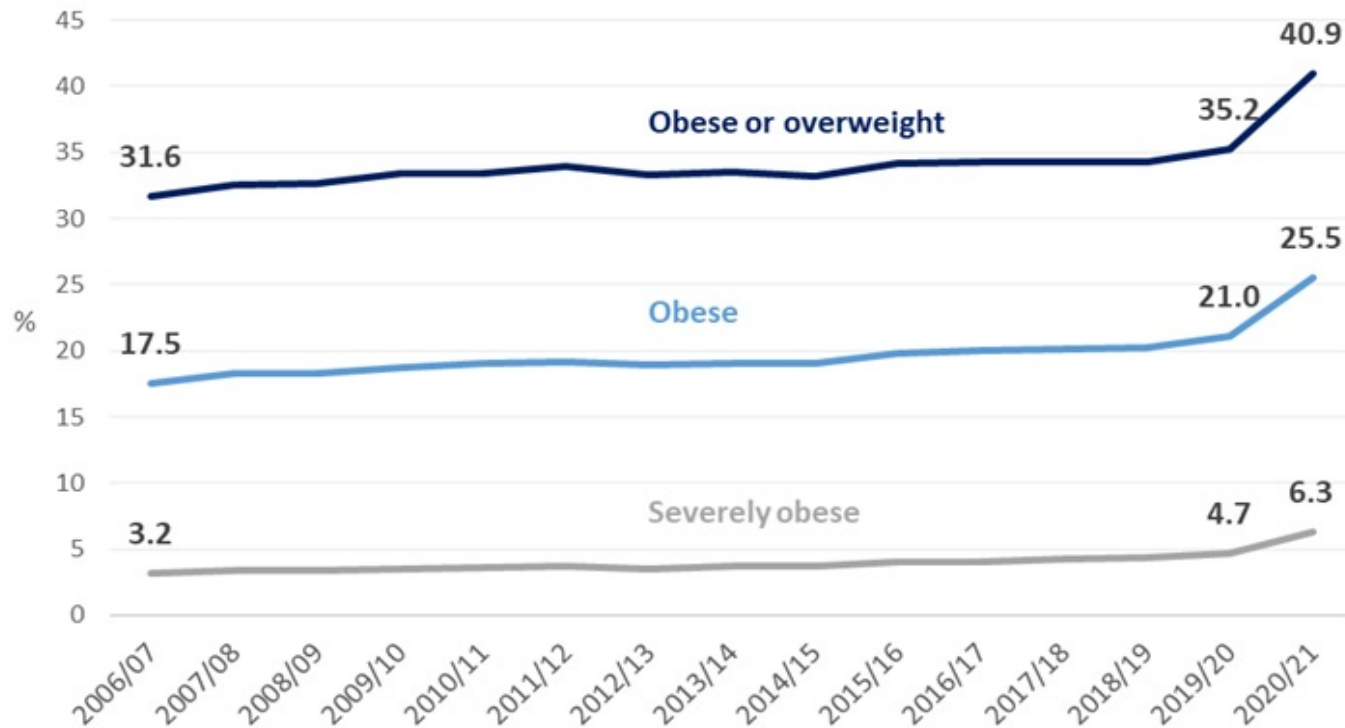


# COVID-19 cases in Oxford



# Worsening un-healthy weight

Prevalence of unhealthy weight, Year 6 children  
England 2006/07 to 2020/21



*>100,000 residents physically inactive*



# Mental wellbeing challenges

## Anxiety

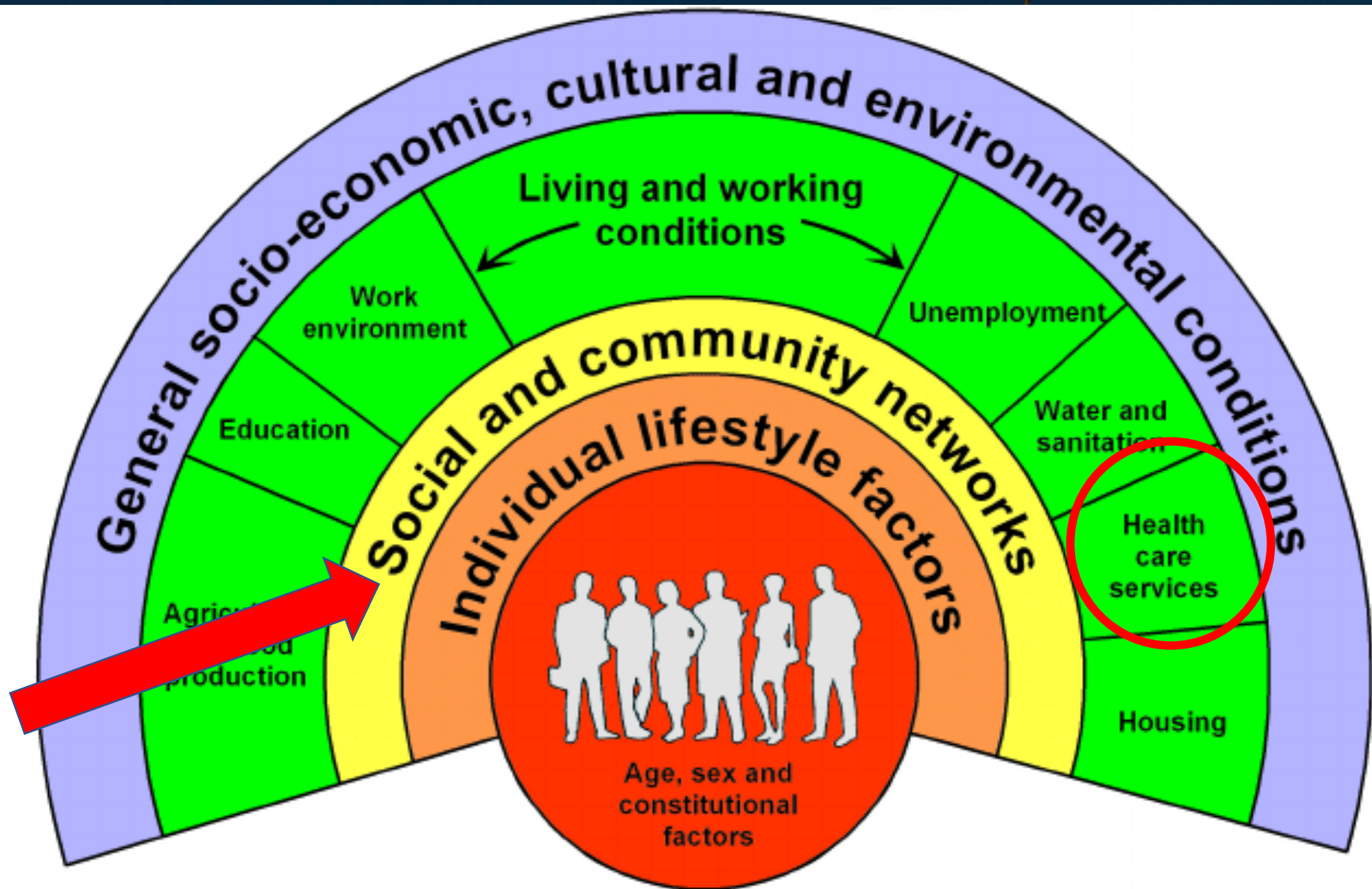
- 2019 data - 1 in 5 struggled with anxiety
- 2021 data - 41% of 18 year-olds too anxious to sleep well

## Isolation

- Impacts on strength, mobility social confidence, self-esteem especially in older residents
- 16-24 year olds most likely age group to feel lonely







Source: Dahlgren and Whitehead, 1991


# Oxfordshire Insights

[Home](#) [Health](#) [Population](#) [Economy](#) [Environment](#) [Crime](#) [Places](#) [Search documents](#) [About](#)

Home >

## Joint Strategic Needs Assessment

The Joint Strategic Needs Assessment (JSNA) provides information about Oxfordshire's population and the factors affecting health, wellbeing, and social care needs.



The 2021 JSNA draft was discussed and signed off at the Oxfordshire Health and Wellbeing Board meeting on 18th March 2021.

Please [contact us](#) if you need support accessing health and wellbeing data for Oxfordshire.

### DOWNLOAD

- Joint Strategic Needs Assessment Full Report 2021 [PDF]
- Executive Summary of JSNA 2021 [PDF]
- JSNA facts and figures 'snake' [PDF]

District summaries:

- Cherwell
- Oxford
- South Oxfordshire
- Vale of White Horse
- West Oxfordshire

EXPLORE using our interactive tools:

- Interactive Early Years JSNA dashboard (published December 2021)
- Interactive inequalities dashboard (updated June 2021)
- Interactive healthy weight story maps (updated April 2022)

### FURTHER INFORMATION

— > [read more](#) —

[Mental Health and Wellbeing](#)  
Read our new Mental

[Pharmaceutical Needs Assessment](#)

## Related News

[New JSNA bitesize on falls and fractures](#)  
01 March 2022

[New bitesize on Attendance claimants](#)  
18 February 2022

[New Early Years JSNA Dashboard](#)  
30 December 2021

[New JSNA bitesize on homelessness](#)  
15 November 2021

[New bitesize on carbon emissions](#)  
15 November 2021

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COVID-19 has further increased the impact of these experiences.

Roll over and click different groups of the community



All of these can impact on mental wellbeing

[Executive summary](#) [Population](#) [Population groups and protected characteristics](#) [Health conditions and causes of death](#) [Behavioural determinants of health](#) [Wider determinants of health](#) [Service Use](#) [Local research](#)

## How this report is organised

Information in this report is organised into 8 chapters. You can click between chapters using the tabs at the top of each page. Each chapter has a clickable thumbnail.

**Chapter 1: Executive summary** includes a short overview of findings, the JSNA summary "snake" of key data by life-stage, and an inequalities data "tartan rug" for Oxfordshire showing health and wellbeing indicators at Middle Layer Super Output Area level.

**Chapter 2: Population** with data on the population of Oxfordshire, the latest Office for National Statistics estimates, past trends and future projections/forecasts.

**Chapter 3: Population groups and protected characteristics** summarises data on residents in selected population groups in Oxfordshire including "protected characteristics" as defined under the Equality Act of 2010.

**Chapter 4: Health conditions and causes of death** includes information on health conditions and causes of deaths in Oxfordshire, including some information on coronavirus (COVID-19) for 2020.

**Chapter 5: Behavioural determinants of health** provides data on behavioural factors that affect health and wellbeing, such as healthy weight and physical activity, smoking and alcohol, and sexual and reproductive health.

**Chapter 6: Wider determinants of health** covers conditions in which people are born, grow, live work and age, social, cultural, political, economic, commercial and environmental factors.

**Chapter 7: Service use** provides an overview of trends from data collected by providers of health, social care and related services in Oxfordshire including Local Authorities, Health service providers, Police and Voluntary sector organisations.

**Chapter 8: Local research** includes research carried out by organisations in Oxfordshire of relevance to the topics covered by the Joint Strategic Needs Assessment.

Oxfordshire Joint Strategic Needs Assessment 2021

3